



## MEDICAL HISTORY FORM

*The below information is confidential. Your answers will help us determine if physical therapy can help you. If we do not sincerely believe your condition will respond satisfactorily, we will not accept your case. Please be as accurate and specific as possible. I understand that all services rendered to me are charged directly to me and that I am personally responsible for payment. I understand that all examinations and treatments are to be paid for as they are received. I hereby authorize the licensed physical therapist at VIP Therapy, LLC to examine and treat my condition as she deems appropriate through the use of Physical Therapy and I give authority for these procedures to be performed.*

Signature of Patient (or spouse/guardian) \_\_\_\_\_ Date: \_\_\_\_\_

**PLEASE FILL OUT THIS FORM AND BRING TO YOUR EVALUATION WITH YOU.**

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### PATIENT INFORMATION:

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Occupation: \_\_\_\_\_

Phone (Preferred): \_\_\_\_\_ PHONE (Work): \_\_\_\_\_

Do you choose to receive text messages regarding your care:  Y  N Age: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Gender:  F  M DOB: \_\_\_\_\_

Referring Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_



Primary Care Physician: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Name of person responsible for payment of professional services: \_\_\_\_\_

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### CURRENT HEALTH REPORT

Please describe the primary health complaint that you're seeking physical therapy care for, as well as date of onset of these symptoms:

What are your therapy goals? (What do you want to get out of your therapy visits?)

How long has it been since you've felt really good for a week at a time?

Are your present complaints due to an injury?  Y  N      Due to an auto accident?  Y  N

Is your condition getting  Worse  Better  Staying the Same

What is your condition interfering with?       Walking       Sitting       Standing  
 Lifting       Bending       Sleeping  
 Other

What makes your symptoms better?

What makes your symptoms worse?

Current prescription medications and vitamins/supplements:

Do you have allergies/sensitivities?  Y  N List: \_\_\_\_\_

Have you had physical therapy in the past?  Y  N Type: \_\_\_\_\_

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### HABITS OF DAILY LIVING:

Do you exercise?  Daily  Every other day  Weekly  None

Type(s) of exercise:

What types of work activities do you do?  Sitting  Standing  Lifting  Other

What is your stress level?  Low  Medium  High Do you smoke?  Y  N

How many hours do you sleep at night? Does pain often wake you?  Y  N

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### GENERAL HEALTH HISTORY:

List any major accidents, injuries or falls you have sustained:

Have you broken any bones?  Y  N

If so, which bones?

When did it happen?

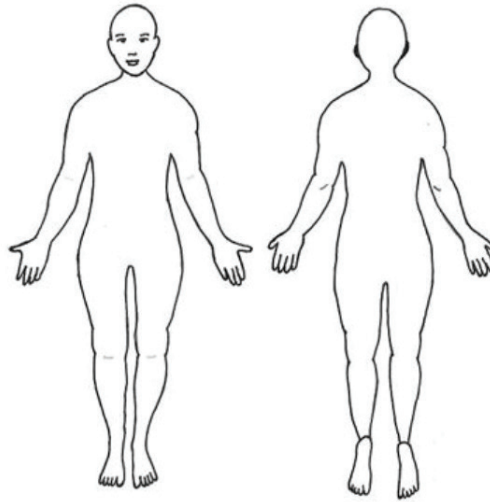
Please list all past surgeries and approximate dates of service:

Have you had any x-rays or special imaging done in the last year?  Y  N

If so, when and what type?

Which hospital?

Please use the image below to show me where you are experiencing your pain:



Rate that pain from 0 (no pain) to 10 (emergency room pain)

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**SYSTEMS REVIEW**

Do you now have or have you ever had any of the following conditions?

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Asthma, Bronchitis or Emphysema | <input type="checkbox"/> Cancer                          | <input type="checkbox"/> Diabetes           |
| <input type="checkbox"/> Shortness of Breath/Chest Pain  | <input type="checkbox"/> Arthritis                       | <input type="checkbox"/> Stroke/TIA         |
| <input type="checkbox"/> Heart Disease/Angina            | <input type="checkbox"/> Pacemaker                       | <input type="checkbox"/> Heart Attack       |
| <input type="checkbox"/> High Blood Pressure             | <input type="checkbox"/> Gout                            | <input type="checkbox"/> Infectious Disease |
| <input type="checkbox"/> Blood Clot                      | <input type="checkbox"/> Anemia                          | <input type="checkbox"/> Allergies          |
| <input type="checkbox"/> Osteoporosis                    | <input type="checkbox"/> Osteopenia                      | <input type="checkbox"/> Hernia             |
| <input type="checkbox"/> Vision Problems                 | <input type="checkbox"/> Hearing Issues                  | <input type="checkbox"/> Weakness           |
| <input type="checkbox"/> Thyroid/Goiter Problems         | <input type="checkbox"/> Dizziness/Fainting              | <input type="checkbox"/> Weight Loss        |
| <input type="checkbox"/> Weight Gain                     | <input type="checkbox"/> Metal in Body/Surgical Implants |   |
| <input type="checkbox"/> Joint Replacement               | <input type="checkbox"/> Bowel/Bladder Problems          |   |

Please explain:

Are you aware of your current diagnosis?  Y  N

Are you currently pregnant?  Y  N Estimated Date of Delivery: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_